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## Winter Conference 2019 Sacramento

The Winter Professional Training Conference of the California Association of County Veterans Service Officers will be held from 25 February to 1 March 2018 at the Holiday Inn Sacramento Downtown-Arena, 300 J Street, Sacramento, CA 95814. This California Department of Veterans Affairs sanctioned training conference requires the participation of all County Veterans Service Officers.

We are excited to announce that the conference registration for this conference will be online. All required documents (Agenda, Invite Letter, Agenda, and CalVet Sanctioning Memorandum) can be downloaded by participants at https://cacvso.winter-conference.com. This website will allow for registration with the capability to accept major credit cards for payment of registration fees. It also allows for registration for those desiring to pay by county issued warrant/check.

Your room reservations can be made with the Holiday Inn by calling the hotel directly at 1-800-HOLIDAY and reference the group: "AV2". Online Hotel Reservations can be made through the CACVSO Online Registration website at https://cacvso.winter-conference.com, which will also be emailed to all CACVSO member counties.

If you have any questions or need any assistance with this new registration process, please do not hesitate to contact me at 805-835-5131 or by email to marion.moses@vets.sccgov.org.

As always, thank you for your support and for helping Veterans!

**Marion S. Moses** 

# **This Month's Featured County**

**Monterey County** is a county located on the Pacific coast of the U.S. state of California. As of the 2010 census, the population was 415,057. The county seat and largest city is Salinas. Monterey County comprises the Salinas, CA Metropolitan Statistical Area. It borders the Monterey Bay, from which it derives its name. The northern half of the bay is in Santa Cruz County. Monterey County is a member of the regional governmental agency, Association of Monterey Bay Area Governments. The coastline, including Big Sur, State Route 1, and the 17 Mile Drive on the Monterey Peninsula, has made the county world-famous. The city of Monterey was the capital of California under Spanish and Mexican rule. The economy is primarily based upon tourism in the coastal regions and agriculture in the Salinas River valley. Most of the county's people live near the northerm coast and Salinas Valley, while the southern coast and inland mountain regions are sparsely populated.



# § 17. 390 Reimbursement for qualifying adoption expenses incurred by certain veterans.

while reading through the CFR granted to the adopted child. and thought I would pass it on.

connected disabilities that re- made under this section for any tion difficulty.

(a) General. A covered veteran tered by the Federal Government bility of the veteran to procreate may request reimbursement for or under any such program ad- without the use of fertility treatqualifying adoption expenses in- ministered by a State or local ment. curred by the veteran in the government. adoption of a child under 18 years of age.

(1) An adoption for which ex- than \$2,000 may be reimbursed related to the legal adoption of a by a married or single person, an ans who are spouses of each oth- by a qualified adoption agency. infant adoption, an intercountry er, for expenses incurred in the Such term does not include any adoption, and an adoption of a adoption of a child. In the case of expense incurred: for adoption. child with special needs (as de- two married covered veterans, fined in section 473(c) of the So- only one spouse may claim reim- Read complete law in the CFR. cial Security Act (42 U.S.C. 673 bursement for any one adoption. (c))).

(2) Reimbursement for qualifying mum reimadoption expenses may be re- bursement quested only for an adoption that in any calenbecame final after September 29, dar year. No 2016, and must be requested:

(i) No later than 2 years after the be paid unadoption is final; or,

(ii) In the case of adoption of a covered vetforeign child, no later than 2 eran in any vears from the date the certifi- calendar cate of United States citizenship year. In the is issued.

(3) In the case of adoption of a covered vetforeign child, reimbursement for erans, adoption expenses couple qualifying may be requested only after Unit- limited to a

FYI I just found this interesting ed States citizenship has been maximum of \$5,000 per calendar vear.

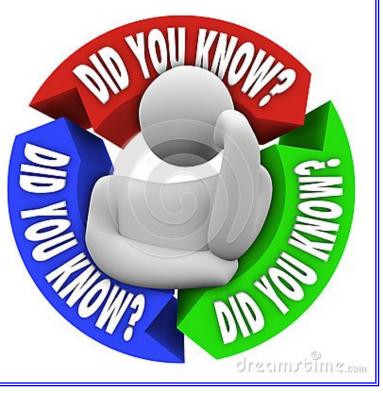
I didn't know this was availa- (4) Reimbursement for qualifying (c) Definitions. For the purposes ble for veterans with service adoption expenses may not be of this section:

tion benefits program adminis- disability that results in the ina-

sulted in infertility or concep- expense paid to or for a covered (1) "Covered veteran" means a veteran under any other adop- veteran with a service-connected

(2) "Oualifying adoption expens-(b) Limitations. (1) Reimburse- es" means reasonable and necesment per adopted child. No more sary expenses that are directly penses may be reimbursed under under this section to a covered child under 18 years of age, but this section includes an adoption veteran, or to two covered veter- only if such adoption is arranged

(2)Maximore than \$5,000 may der this section to a case of two married the is





U.S. Department of Veterans Affairs

January 28, 2019

# Revolutionizing VA Health Care

By Secretary Robert Wilkie

The past two years have been an exciting time for Veterans and for the Department of Veterans Affairs.

Under President Trump's leadership, VA has enacted more reforms across the organization than at any other time since the 1990s, with key advances in the areas of transparency, accountability and customer service.

VA will soon build on this progress by rolling out a plan that will revolutionize VA health care as we know it.

This week, as part of VA's implementation of the MISSION Act, the department will introduce long-awaited access standards on community care and urgent care that will take effect in June and guide when Veterans can seek care to meet their needs – be it with VA or with community providers.

VA's current patchwork of seven separate community care programs is a bureaucratic maze that's hard to navigate for Veterans, their families and VA employees.

Our new access standards will form the basis of a federal regulation that will consolidate VA's community care efforts into a single, simple-to-use program that puts Veterans at the center of their VA health care decisions. Strict and confusing qualification criteria like driving distances and proximity to VA facilities that don't offer needed services will be replaced by eligibility guidelines based on what matters most: the convenience of our Veteran customers.

Although these new standards represent an important win for America's Veterans, they will not be without controversy. Some will claim falsely and predictably that they represent a first step toward privatizing the department.

Here are the facts: under President Trump, VA is giving Veterans the power to choose the care they trust, and more Veterans are choosing VA for their health care than ever before.

Since 2014, the number of annual appointments for VA care is up by 3.4 million, with over 58 million appointments in fiscal year 2018.

Simply put, more Veterans are choosing to receive their health care at VA. Patients' trust in VA care has skyrocketed –

# News Release

Office of Public Affairs Media Relations Washington, DC 20420 (202) 461-7600 www.va.gov

currently at 87.7 percent – and VA wait times are shorter than those in the private sector in primary care and two of three specialty care areas.

In other words, VA is seeing more patients than ever before, more quickly than ever before, and Veterans are more satisfied with their care than they have been previously.

And why should we be surprised?

A 2018 Rand study found that the VA health care system "generally delivers higher-quality care than other health providers."

A 2018 Dartmouth study found that "Veterans Health Administration hospitals outperform non–Veterans Health Administration hospitals in most health care markets."

A 2019 study in the Journal of the American Medical Association (JAMA) shows that VA wait times are shorter than those in the private sector in primary care and two of three specialty care areas.

These studies provide verification of the fact that VA has made great strides since 2014, and now compares favorably to the private sector for access and quality of care – and in many cases exceeds it.

And VA employees are noticing improvements as well. VA ranked sixth out of 17 federal government agencies in the Partnership for Public Service's annual "Best Places to Work" tabulation, up from 17 th last year.

We know that to keep the trust of our Veterans we must continue to deliver. Our medical services must meet our Veterans' needs and reinforce the trust that forms the basis for every interaction with VA. We will constantly innovate, upgrade, and pursue ways to serve our nation's heroes as best we can.

Our new access standards are a vital part of this effort. Most Americans can already choose the health care providers that they trust, and President Trump promised that Veterans would be able to do the same.

With VA's new access standards, the future of the VA health care system will lie in the hands of Veterans – exactly where it should be.

# **USING MEDICAL STUDIES AS EVIDENCE IN SUPPORT OF CLAIMS**

## **By Richard Garza**

(Usually I don't attribute technical comments or questions to an individual or office. But since Patrick Jolly gave Scott Holwell permission to pass this on, and because he deserves kudos for using the NIH study, with a doctor's letter, to establish a connection between a medical study and a specific claim/claimant, I thought I would make an exception in this case.)

#### Scott,

The National Institutes of *Health published a study that* links Alzheimer's to PTSD and Anxiety. A longtime client who was rated 100% s/c for Anxiety/PTSD died from Alzheimer's. I filed a DIC claim under decision ready claim (DRC) using the attached study and doctor's letter. VA granted it in less than 5 days. I haven't seen any grants accepting the link between Alzheimer's and PTSD and thought I'd share. Feel free to pass along. Patrick J. Jolly Napa County Veterans Service **Officer** 

There are two things I find worth remarking about in this claim. One is the appropriate use of medical studies as sup-

portive evidence for claims. The other is, understanding why ly refute in order to justifiably deny the claim. something you have done to help a claim succeed worked.

Back in the "bad old days" (prior to the establishment of the Court of Appeal for Veterans Claims, nee COVA) a VA rating specialist or BVA judge could substitute his or her "medical opinion" for any medical conclusions or other evidence submitted in support of a claim. Probably the most egregious example of this that I ever directly encountered was a BVA decision disregarding the statements of a claimants uncle and two aunts as "non-probative." However, rather than just random family members, in this case the "lay" evidence VA chose to disregard came from an M.D. and two R.N.s. one with a M.S. in Nursing.

Early on, the Court (Colvin v. Derwinski, 1991) was very clear that only the opinions of medical professionals, not those of rating specialists or BVA judges, could be used in reaching

decisions on medical questions related to service connection or degree of disability. Later in the 1990s the Court determined that medical studies could be used as evidence in support of claims, provided that the findings of the study were found, by a competent medical authority, to be relevant to the claim. This provided a new means of establishing a nexus between an in-service "event" and a claimed disability.

The crucial thing Patrick did was to get the required "nexus" opinion linking anxiety to the NIH dementia study. (Study available at: <a href="https://www.ncbi.nlm.nih.gov/pmc/articles/">https://www.ncbi.nlm.nih.gov/pmc/articles/</a> <u>PMC2933793/</u>). By doing so, he established that, according to a competent medical professional, there was a connection between anxiety and/or PTSD and dementia. Unless VA was willing to refute the NIH findings, either directly from a VA medical opinion or in a medically competent opinion citing studies disputing the NIH conclusion, the required link between a service connected condition (PTSD/anxiety) and

> death from dementia (Alzheimer's) was established. A citation of the study alone would not have been probative in validating the relationship in this case.

The outcome Patrick was able to achieve illustrates the importance of not just successfully resolving claims, but knowing why successful conclusions are attained. It was not just citing the study that got a determination of service connected death. A medically competent nexus opinion alone, without the supporting evidence of the study, probably would not have been sufficient either. Together, however, they established grounds for service connection that VA would have had to affirmative-

At a CACVSO conference, decades ago, an Adjudication Office (what now is called a Service Center Manager) expressed the opinion that it would be more appropriate to describe VA as benefits denying agency rather than a benefit providing program. At times I think there is a bit of this approach still active at VA. It is up to CVSOs and service representatives to make sure, to the extent possible, that they help present claims in a fashion that makes it easier for VA to grant a claim than deny it. Taking a bit of time to seek support for what, in this case, seemed to be a borderline claim can made a difference between an unexpected success and an unfortunate denial of a benefit. Rather than using the link above, just search "dementia and ptsd" and you'll see how little effort it can take to achieve what might have, at first, seemed to be an unlikely result.





# Tester, Murkowski Call for End to Offset of Military Retiree Benefits

Thursday, January 24, 2019

(U.S. Senate) – U.S. Senators Jon Tester (D-Mont.) and Lisa Murkowski (R-Alaska) today introduced bipartisan legislation to end the unfair offset of retirement pay and disability benefits for more than 450,000 military retirees.

Their Retired Pay Restoration Act would end the unfair dollar-for-dollar offset of military retirement pay based on the amount of VA disability compensation a military retiree receives. Current law only allows for a retiree to receive both, called concurrent receipt, if the retiree has a VA serviceconnected disability rating of more than 50 percent.

"It's unacceptable that any veteran with disabilities is denied full pension and benefits," said Tester, Ranking Member of the Senate Veterans' Affairs Committee. "Our bipartisan bill changes an outdated law that largely hurts older veterans who sacrificed for our country, and

honors the service of all military retirees by righting this wrong."

current receipt of disability compensation in recognition of their injuries and pension following their military service," said Murkowski. "If they have earned both, it is only fair that our nation pays both. Veteran dissatisfaction with the unfairness of this offset has lingered for decades. Restoring full concurrent receipt demonstrates our respect for those who continue to suffer from their service related injuries."

The Retired Pay Restoration Act is endorsed by the Veterans of Foreign Wars (VFW).

"On behalf of the men and women of the VFW and its Auxiliary, we are proud to offer our support for the Retired Pay Restoration Act," said Carlos Fuentes, Director of the VFW National Legislative Service. "Your legislation would provide an equitable fix by providing concurrent receipt to all those affected by the offset. We appreciate your leadership on this issue and thank you for introducing this legislation."

Tester and Murkowski's Retired Pay Restoration Act is cosponsored by Senators Patty Murray (D-Wash.), Debbie Stabenow (D-Mich.), Bob Menendez (D-N.J.), Amy Klobuchar (D-Minn.), Sheldon Whitehouse (D-R.I.), Chris Coons (D-Del.), Roy Blunt (R-Mo.), John Boozman (R-Ark.), Richard Blumenthal (D-Conn.), Tammy Baldwin (D-Wis.), Edward Markey (D-Mass.), Chris Van Hollen (D-Md.), Tammy Duckworth (D-Ill.), and Kyrsten Sinema (D-Ariz.).

"I have long believed that disabled veterans deserve full con-



## Humorous Perspective By Jessica Allmon

Well, we made it through January!! Mid-year budget is done and hopefully all of the 1<sup>st</sup> 6 month documents are submitted to CalVet. I hope you all have gotten in to the swing of writing 2019. I have to admit this year seemed to be easier for me than last for some reason.

To start the New Year off on the right foot, I thought I would talk about customer service. Let's be clear, I am not an expert on customer service. I just thought it would be good to discuss and help each other on some of the things that can make us better when dealing with veterans, their families and dependents.

After hours of perusing the internet

the theme of excellent customer service is to be nice. As a veteran my perception of professionalism does not really include nice. I feel like being professional should be enough, however I have learned that is not the case and is often misinterpreted as rude, gruff or dismissive. I have always been proud of my efficiency and lack of chitchat, but that doesn't seem to be what is expected or needed in the civilian world. Granted, I have had veterans that really appreciate my military bearing and direct approach. I have found that dependents, spouses and family members are a little harder for me to navigate.

I read an interesting statement that said excellent customer service comes from treating the customer how THEY feel they should be treated. I thought about that statement a lot. How would I know how they want to be treated? Then I realized it really comes from active listening and picking up on cues about what they need and how they want it handled.

I know, not everyone can be pleased and sometimes the answers are just out of our control. I have lost my cool when someone has been yelling in my face about how terrible the VA is. I even told an irate veteran to "AT EASE!!" He stopped yelling, looked at me as he sat down and said no one had talked to him like that in years. I apologized and went on to explain that I can't help him if he's yelling; he needs to tell me the problem so we can fix it. The next day he brought me a smiley face balloon. He and I have had great rapport since then. Like I said, I am no expert, but I am positive that would not have worked with a civilian LOL. But at that moment that was the tool I reverted to in an attempt to deescalate the situation. Could it have gone seriously wrong, yes; did it, no.

Being around you all for a couple of years now, I appreciate all of the different approaches and have learned so much about what great, strong, and compassionate group we are. I have also learned the importance of taking a minute between clients. If someone is waiting, I excuse myself to the latrine for a quick hand wash and deep breath so that the experience of the previous person does not influence my next person. I walk out with a smile ready to tackle whatever issue/issues are brought to my desk.

Above all I think customer service is about being genuine. Be you, use the tools that you have and your candor and sincerity will be appreciated. We are in the business of helping our brothers and sisters, and the commonality we have of being veterans is something that helps as an ice breaker on its own. Just like family not all of us will get along. Don't be afraid to let that veteran or dependent go to the person next door if that would truly be a better fit. Ultimately we all just want veterans to get the benefits they have earned.



February 24 – March 1, 2019 CACVSO Winter Conf Holiday Inn Capitol Plaza, Sacramento, CA

June 16-21, 2019 Summer Conf Hilton Concord, Concord, CA

### **DATES OF INTEREST**

## February 2019

- 1 No Politics Day
- 2 Ground Hog Day
- 3 USO Day & Superbowl Sunday
- 14 Valentine's Day
- 18 President's Day
- 22 Be Humble Day
- 27 No Brainer Day
- 28 Public Sleeping Day

## **Awareness Weeks**

14-20 Random Acts of Kindness Week

## **Monthly Observances**

Black History Month American Heart Month Library Lovers Month



